

No-Gi Jiu-jitsu

With

Rob Kahn



Rob "Crush" Kahn is a Black-Belt under Royce Gracie and Chief Instructor of "[Gracie Tampa.](#)" Rob specializes in highly effective "No-Gi" and MMA style Jiu-jitsu. His students include ***Ultimate Fighters*** Matt "No Regard" Arroyo and Allen "Monstah" Berube. Rob will be visiting the *Okinawan Karate School/RGJJN* of Pittsfield, Massachusetts to provide an amazing seminar on

Friday, September 5 as follows:

No-Gi Jiu-jitsu

6:15 PM to 9:15 Noon

\$75

Space will be limited so Reserve your Spot at the OKS today by calling Mark or Connie 413-443-2561 or email oks@sprynet.com

